



VISITATION RIGHTS

Policy and Procedures

Good Sam's Assisted Living Residence (ALR) has already opened its doors to families and visitors, and we continue to promote visitation while continually modifying our infection control protocols when needed insofar as to help mitigate the risk of infection to those who reside and work within our community; thereby, ensuring the safety and well being for all.

Pursuant to Chapter 408.823, Florida Statutes, and in tandem with the Florida Senate Bill 988, the requirements set forth in the "No Patient Left Alone Act", all assisted living facilities must comply with the regulations set forth.

Good Sam's ALR Visitation Rights Policy and Procedures are listed as the following which include, but not limited to:

Infection Control and Education for Visitors

- Reducing the Risk of Transmitting Germs
- Instructions for Self-Screening
- Social Distancing and PPE Requirements

Reducing the Risk of Transmitting Germs

There are specific aseptic techniques, core principles and best practices that decrease the spread of germs and viruses which include, but not limited to upper respiratory infections (URI), gastro-intestinal infections and Covid-19. These core principles are consistent with the CDC, WHO and DOH guidance as indicated:

- Wash your hands frequently with soap and water. If soap and water are not available, use a hand sanitizer that contains at least 60% ethyl alcohol or isopropyl alcohol.
- Cover your mouth and nose with a face mask.
- Practice social distance of a minimum of 6 feet or more within and outside of the community to reduce risk of exposure.
- Minimize or avoid gatherings where social distancing cannot be maintained.
- When you cough or sneeze use the inside of your elbow.

- Clean and disinfect frequently touched surfaces. This includes tables, doorknobs, light switches, countertops, handles, sinks, faucets, desk, keyboards and phone.
- When surfaces are soiled, clean them with a disinfectant that is approved by the EPA to eliminate the pathogens that cause viruses and infections.

Instructions for Self-Screening

Self-screenings can be used as the first line of defense to prevent the spread of germs, gastro-intestinal viruses and URI's.

How Germs Spread

Washing hands can keep you healthy and prevent the spread of viruses, respiratory and diarrheal infections. Germs can spread from person to person or from surfaces to people when you:

- Touch your eyes, nose, and mouth with unwashed hands
- Prepare or eat food and drinks with unwashed hands
- Touch surfaces or objects that have germs on them
- Blow your nose, cough, or sneeze into hands and then touch other people's hands or common objects

Keeping Hands Clean

In accordance with the CDC and other health authorities, *handwashing* is one of the best ways to protect yourself and your family from getting sick. You can help yourself and your loved ones stay healthy by washing your hands often, especially during these key times when you are likely to get and spread germs such as, but not limited to:

- Before, during, and after preparing food
- Before and after eating food
- Before and after caring for someone at home who is sick with vomiting or diarrhea
- Before and after treating a cut or wound
- After using the toilet
- After touching garbage

Social Distancing and Personal Protective Equipment (PPE)

What is Social Distancing?

Consistent with the CDC guidance, social distancing refers to the practice of putting “physical” space (at least 6 feet) between yourself and others. The purpose is to reduce the likelihood of contact with those who knowingly or unknowingly carry an illness.

Why is Social Distancing Important?

Social distancing is for your protection inasmuch as those that may come into contact with places you have been and touched. Germs that cause viruses and infections generally can have up to a 14-day incubation period where you may be asymptomatic (exhibiting no symptoms at all). During this time when you feel fine, you could potentially be spreading the germs to others unknowingly.

Exposure to Germs

In line with the CDC, DOH and other health authorities, the symptoms that may appear 2-14 days after exposure to germs that cause viruses and infections include, but not limited to:

- Fever or chills
- Shortness of breath or difficulty breathing
- Muscle or body aches
- Congestion or runny nose
- Diarrhea
- Cough
- General malaise or fatigue
- Headache
- Sore throat
- Nausea or vomiting
- New loss of taste or smell

Why is PPE Adherence Important?

Per health authority guidance, wearing a PPE, such as a face mask but not limited to, can significantly slow the spread of germs that cause viruses and other infections. To be effective, the CDC states that a face mask should cover the mouth and nose and fit snugly against the face.



General Visitation Requirements

In accordance with Chapter 429.28 (1)(d), Florida Statutes, every resident of a facility shall have the right to visit with any person of his or her choice, at any time between the hours of 9 a.m. and 9 p.m. at a minimum. Upon request, the facility shall make provisions to extend visiting hours for caregivers and out-of-town guests, and in other similar situations.

Additionally, the number of visitors per resident is up to two (2) visitors per visitation. Upon request, Good Sam's ALR shall make provisions to extend the number of visitors in certain situations such as, but not limited to, special occasions (birthdays), out-of-town guests and working relatives/friends.

- Visitation Spaces
- Visitation Expectations
- Essential Caregiver

Visitation Spaces

There are several options and spaces for visitation to take place in. Such indoor spaces or locations include, but not limited to resident rooms, "common areas" (TV room or living room) and outdoor spaces.

Visitation Expectations and Guidelines

- Visitors and residents are required to adhere to the facility's infection control policy and safety related measures during the visit.
- Visitors shall sign their name onto the facility's visitor log book upon entering and sign out after the completion of their visit.
- Visitors cannot be compelled to show or provide proof of vaccination or immunization status.
- Visitors may choose to wear a face mask at any time during visitation.
- Good Sam's ALR shall allow consensual physical contact between Resident and his or her visitor, unless the Resident objects.



- Visitors and residents shall comply with any verbal instruction provided by staff and management in order to promote safety of the community and to reduce the potential risk of spreading germs that cause viruses and infections.
- Good Sam's ALR shall reserve the right to suspend in-person visitation of a specific visitor if the visitor violates the facility's policies and procedures and/or if the Resident objects.
- Good Sam's ALR may require a visitor to agree in writing to follow the facility's policies and procedures.
- The facility's Administrator or Manager shall be the designated person responsible for staff adherence to visitation rights policy and procedures.

Essential Caregiver

A resident can designate a visitor who is a family member, friend, guardian, or other individual as an *essential caregiver*.